



## Women's Forum

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S.No	Name of the Event	Resource person	Date
1	Awareness Programme on Women's Health & Hygiene	Dr. S. Shareena, M.B.B.S,D.G.O.,	01-09-2018
2	A Safety Awareness Program for Women	Mrs. A. Vasantha, Head Constable, Collector Office, Nellore	06.10.2018
3	Awareness on Domestic Violence for Women	Mrs. R. Parvathi Sameer Babu, MA, B. com, BL, DPA, Advocate, Nellore	23.03.2019
4	Legal Awareness Program for Women	Mr. K. Murali Reddy, MBA, LLB, Advocate	16-04-2019

### *Awareness Programme on Women's Health & Hygiene*

A Seminar on "Awareness Programme on Women's Health & Hygiene" was organized by women's forum of the MCA department on 01-09-2018 at Kautilya Seminar Hall, C-block. The Resource person Dr. S. Shareena, M.B.B.S, D.G.O., has given awareness on Women's Health & Hygiene for all MCA girl students. The following topics were discussed with the students:

- Doctor projected the importance of ladies personal health depends upon a level of cleanliness to keep free from diseases, such as skin, respiratory or gastro intestinal diseases.
- However, she gave suggestions on Natural hormonal fluctuations which can lead to depression or anxiety. She explained about some symptoms which occur before and after menstruation cycle like concerns, emotional shifts, sadness, and tiredness.



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Photo gallery:



Dr. S. Shareena, addressing the gathering



Felicitation



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### ***A Safety Awareness Program for Women***

The Resource person Mrs. A. Vasantha, Head Constable has given awareness on A Safety Awareness for all MCA girl students on 06.10.2018 at Kautilya Semiar Hall, C-Block. Resource person projected the problems faced by women now-a-days. This program is designed to create awareness in safety issues, self-efficacy, and behaviors as well as social support among women with disabilities. Personal safety has become an issue of everyone, but especially for women.

She gave suggestions on

- ✓ Personal safety.
- ✓ Take self-defense training. Escape is always your best option.
- ✓ It is important to understand that you CAN and SHOULD defend yourself physically.
- ✓ Never depend on any self-defense tool or weapon to stop an attacker. Trust your body and your wits, on which you can always depend on in the event of an attack.



**Mrs. A. Vasantha addressing the audience**



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Felicitation to the guest

### ***Awareness on Domestic Violence for Women***

A seminar on “Awareness on Domestic Violence for Women was organized by women’s forum of the MCA department on 23-03-2019 at Kautilya Seminar Hall, C-block. The Resource person Mrs. R. Parvathi Sameer Babu, Advocate has given awareness on domestic violence on various issues for all MCA girl students.

- Resource person projected the issue ***Domestic violence*** which is based on an unequal position of power and control.
- The problems faced by women not only refer to domestic violence but also things like threats, unwanted visits and phone calls, insults, forced sex, and taking financial control. It has a great effect in many families. Even, Partner violence (a form of domestic violence) on women lead to depression and suicidal behavior.
- This program is designed to create awareness on resources provided for those women who has been affected by domestic violence, including the National Domestic Violence Hotline, Online counseling services like Better Help from trained and experienced counselors and therapist matched to specific needs.



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- Finally, our domestic violence program provided knowledge to the girl students about various resources to protect themselves and all the students really satisfied with this program.

## Photo Gallery



Mrs. R. Parvathi Sameer Babu offering suggestions to the girls students



**Felicitation to the Resource Person**





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### ***Legal Awareness Program for Women***

A Program on "Legal Awareness Program for Women" was conducted on 16-04-2019 at Kautilya Seminar Hall, C-block. Mr. K. Murali Reddy focused on the problems that were being encountered by the women and also suggested acts for those problems.

- Mr. K. Murali Reddy, Advocate has been invited as a Resource person for creating Legal Awareness for all MCA girl students.
- The awareness programme aims to empower women with the knowledge of their legal rights and duties, ultimately to be able to share power equally, gain full access to the means of development and to inspire a whole generation of women to work together towards achieving equality and justice.
- This program is designed to create awareness about the basic legal rights and remedies provided under various women related laws, thereby making them fit to face the challenges in real life situations.
- To make the women aware of:
  - The procedure of approaching and utilizing various channels available for the Redressal of grievances i.e. the Police, the Executive and the Judiciary.
  - The role of Courts in achieving gender equality, most importantly the concept of public interest litigation.

Dr.R.Rajani, HOD, Department of MCA proposed Vote of thanks to the chief guest for spending his valuable time in the college

### ***Photo Gallery***



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Mr. K. Murali Reddy addressing the gallery



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Students listening the words of resource person



Dr. R.Rajani and faculty members felicitating the chief guest